

**FOURTH SUNDAY AFTER THE  
EPIPHANY, YEAR B  
JAN. 28, 2024, 11AM**



Capernaum Synagogue

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" – Mark 1:21-25

**ST. PETER'S EPISCOPAL  
CHURCH**

## Fourth Sunday after the Epiphany, Year B

### Morning prayer, Rite II

Rector: The Rev. Catherine D. Hicks

The Rev. Tom Hughes, Rector Emeritus

**(BCP—Book of Common Prayer, H-Hymnal 1982; S Numbers are the service music found in the front of The Hymnal 1982; WLP-Wonder, Love and Praise)**

#### **LEVAS-Lift Every Voice and Sing II)**

*In the name of Christ, we welcome you to this Church. May those who sorrow find comfort; the weary, rest; the unhappy, joy; the troubled, peace; the stranger, friends; and to all the sense of God's Presence in this holy place. We acknowledge that we gather on the traditional land of the first people of Port Royal, the Nandtaughtacund, and we honor with gratitude the land itself and the life of the Rappahannock Tribe.*

The Ringing of the Bell

**Prelude**

**Sweet Hour of Prayer**

**Choir**

**Opening Hymn**

**O love, how deep, how broad, how high H 448**

**Opening Sentences**

The hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him.  
John 4:23

**Confession of Sin**

Let us confess our sins to God.

**Most merciful God,**

**we confess that we have sinned against you,**

**in thought, word, and deed,**

**by what we have done,**

**and by what we have left undone.**

**We have not loved you with all our whole heart;**

**We have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,**

**Have mercy on us and forgive us;**

**That we may delight in your will,**

**and walk in your ways,**

**To the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **The Invitatory and Psalter**

Lord, open our lips.

**And our mouth shall proclaim your praise.**

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Alleluia.**

**The Lord has shown forth his glory: Come let us adore him.**

**Venite To God with gladness sing (sung to Darwall's 148<sup>th</sup>)**

**To God with gladness sing, your Rock and Savior bless;**

**Into his temple bring your songs of thankfulness!**

**O God of might, to you we sing**

**Enthroned as King on heaven's height!**

**God cradles in his hand the heights and depths of earth;**

**God made the sea and land, God brought the world to birth!**

**O God most high, we are your sheep;**

**On us you keep your shepherd's eye!**

**Your heavenly Father praise, acclaim his only Son,**

**Your voice in homage raise to him who makes all one!**

**O Dove of peace, on us descend**

**That strife may end and joy increase!**

The Lord has shown forth his glory: **Come let us adore him.**

### **The Psalter**

### **Psalms 111**

1 Hallelujah!

I will give thanks to the LORD with my whole heart, \*  
in the assembly of the upright, in the congregation.

**2 Great are the deeds of the LORD! \***

**they are studied by all who delight in them.**

3 His work is full of majesty and splendor, \*

and his righteousness endures for ever.

**4 He makes his marvelous works to be remembered; \***

**the LORD is gracious and full of compassion.**

5 He gives food to those who fear him; \*

he is ever mindful of his covenant.

**6 He has shown his people the power of his works \*  
in giving them the lands of the nations.**

7 The works of his hands are faithfulness and justice; \*  
all his commandments are sure.

**8 They stand fast for ever and ever, \*  
because they are done in truth and equity.**

9 He sent redemption to his people;  
he commanded his covenant for ever; \*  
holy and awesome is his Name.

**10 The fear of the LORD is the beginning of wisdom; \*  
those who act accordingly have a good understanding;  
his praise endures for ever.**

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in  
the beginning, is now, and will be forever. Amen.**

## **The Lessons**

**A reading from The Book of Deuteronomy, Chapter 18, verses 15-20.**

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

The Word of the Lord.

**Thanks be to God.**

**Canticle H A Song of Hosea *Hosea 6:1-3***

**Come, let us return to our God,\*  
who has torn us and will heal us.**

**God has struck us and will bind up our wounds,\*  
after two days revive us,**

**On the third day, restore us, \***

**that in God's presence we may live.**

**Let us humble ourselves, let us strive to know the Lord,\***

**whose justice dawns like morning light,**

**its dawning as sure as the sunrise.**

**God's justice will come to us like a shower,\***

**like spring rains that water the earth.**

**A reading from Paul's First Letter to the Corinthians, Chapter 8, verses 1-13.**

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord.

**Thanks be to God.**

**Canticle N: A Song of God's Love** *1 John 4:7-11*

**Beloved, let us love one another,\***

**for love is of God.**

**Whoever does not love does not know God,\***

**for God is Love.**

**In this the love of God was revealed among us,\***

**that God sent his only Son into the world,**

**so that we might live through Jesus Christ.**

**In this is love, not that we loved God but that God loved us\***

**and sent his Son that sins might be forgiven.**

**Beloved, since God loved us so much,\***

**we ought also to love one another.**

**For if we love one another, God abides in us,\***

**And God's love will be perfected in us.**

**Hymn**

**Yield not to temptation**

**LEVAS 170**

**A Reading from the Gospel according to Mark, Chapter 1, verses 21-28.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Word of the Lord.

**Thanks be to God.**

**The Sermon**

**The Rev. Tom Hughes**

**The Apostles' Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.

He suffered under Pontius Pilate,  
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,  
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## The Peace

Birthday and Anniversary Blessings, Announcements

Offertory

Thou, whose almighty Word

Choir

## The Prayers

The Lord be with you.

**And also with you.**

Let us pray.

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, the power, and the glory, forever and ever.**

**Amen.**

## Suffrages A

Show us your mercy, O Lord;

**And grant us your salvation.**

Clothe your ministers with righteousness;

**Let your people sing with joy.**

Give peace, O Lord, in all the world;

**For only in you can we live in safety.**

Lord, keep this nation under your care;

**And guide us in the way of justice and truth.**

Let your way be known upon earth;

**Your saving health among all nations.**

Let not the needy, O Lord, be forgotten;

**Nor the hope of the poor be taken away.**

Create in us clean hearts, O God;

**And sustain us with your Holy Spirit.**

### **Today's Collect**

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

God of every beautiful thing,

Make us people of wonder. Show us how to hold on to nuance and vision when our souls become addicted to pain, to the unlovely.

It is far easier to see the gloom and decay; so often it sings a louder song. Attune our hearts to the good still stirring in our midst, not that we would give ourselves to toxic positivity or neglect the pain of the world, but that we would be people capable of existing in the tension.

Grant us habits of sacred pause. Let us marvel not just at the grand or majestic, but beauty's name etched into every ordinary moment. Let the mundane swell with a mystery that makes us breathe more deeply still. And by this, may we be sustained and kept from despair. **Amen.**

(A prayer from [Black Liturgies](#) by Cole Arthur Riley)

### **Collect for Mission**

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come with the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**



### **For the Church**

Almighty and everliving God, ruler of all things in heaven and on earth, hear our prayers of thanksgiving for this parish family. Strengthen our faith, and grant us wisdom and discernment for the days ahead. Grant us all things necessary for our common life, and bring us all to be of one heart and mind within your holy Church, through Jesus Christ our Lord.

**Amen.**

### **For Sound Government**

O Lord our Governor, bless the leaders of our land, that we may be a people at peace among ourselves and a blessing to other nations of the earth. To the President and members of the Cabinet, to Governors of States, Mayors of Cities, and to all in administrative authority, grant wisdom and grace in the exercise of their duties. To Senators and Representatives, and those who make our laws in States, Cities, and Towns, give courage, wisdom, and foresight to provide for the needs of all our people and to fulfill our obligations in the community of nations. To the Judges and officers of our Courts, give understanding and integrity, that human rights may be safeguarded and justice served. Teach us to rely on your strength and to accept our responsibilities to our fellow citizens, that we may elect trustworthy leaders and make wise decisions for the well-being of our society; that we may serve you faithfully in our generation and honor your holy Name. For yours is the kingdom, O Lord, and you are exalted as head above all. **Amen.**

### **For those in the Armed Forces of our Country**

Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces at home and abroad, especially those on our prayer list. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ, our Lord. **Amen.**

### **The Episcopal Peace Fellowship Peace Prayer**

Holy God, open our eyes to a fresh vision for a peaceful world, along with the will to seek alternatives to revenge and violence. Awaken in us compassion for the victims of war; soldiers of all nations, grieving families, civilians, the wounded creation. Open wide the eyes of world leaders to see a path toward peace in all conflicts that tear apart the

one human family, especially in Ukraine, Sudan and in the Middle East. Grant us eyes wide open to peace. **Amen.**

### **A Peace Prayer for Israel and Palestine**

Two peoples, one land,  
Three faiths, one root,  
One earth, one mother,  
One sky, one beginning, one future, one destiny,  
One broken heart, One God.

We pray to You: Grant us a vision of unity.

May we see the many in the one and the one in the many.

May you, Life of All the Worlds, Source of All Amazing Differences,  
Help us to see clearly.

Guide us gently and firmly toward each other, toward peace. **Amen.**

### **For the knowledge of God's Creation**

Almighty and everlasting God, you made the universe with all its marvelous order, its atoms, worlds, and galaxies, and the infinite complexity of living creatures: Grant that, as we dwell in the mysteries of your creation, we may come to know you more truly and more surely fulfill our role in your eternal purpose; in the name of Jesus Christ our Lord. **Amen.**

### **For those for whom we pray**

Merciful Lord, you have taught us in your holy Word that you do not willingly afflict or grieve us: Look with compassion upon the sorrows of those for whom we offer our prayers, especially Katherine Holland, mother of Kerri Holland, Cleo Coleman, Boyd Wisdom, Kristina Childs, and all those on our prayer list. Remember them, O Lord, in your mercy, nourish their souls with patience, comfort them with a sense of your goodness, lift up your countenance upon them, and give them your healing peace; through Jesus Christ our Lord. **Amen.**

### **Thanksgiving for the beginning of Recovery**

O Lord, your compassions never fail and your mercies are new every morning: We give you thanks for giving our brother John Hess the hope of health renewed. Continue in him, we pray, the good work you have begun; that he, daily increasing in bodily strength, and rejoicing in your goodness, may so order his life and conduct that he may always think

and do those things that please you; through Jesus Christ our Lord.  
**Amen.**

**For those who have died**

O God, whose mercies cannot be numbered: Accept our prayers on behalf of all who have died, and grant them an entrance into the land of light and joy, in the fellowship of your saints; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

**A General Thanksgiving**

**Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.**

**Hymn**

**Ye servants of God**

**H 535**

Let us bless the Lord.

**Thanks be to God.**

Glory to God, whose power working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.**

## Announcements

**Welcome to St Peter's.** May you find God's love present with you in this place and return here often to worship. The communion bread is gluten free. All are welcome at the Lord's table.

**The offering plates are in the back next to the doors. Your gifts help support God's work through this church.** Mail - PO Box 399, Port Royal, VA 22535. online - <https://news.churchsp.org/onlinegiving>

**Jan.28, Worship, On YouTube at 11am or afterward.**

<https://www.youtube.com/@st.petersepiscopalchurchpo677/streams>

**Happy Birthday – Helmut Linne von Berg (02/01)**

**Bible Study, Weds, Jan. 31 10am-12pm.** Parish House, reading the lectionary for Epiphany for the Fifth Sunday after the Epiphany  
[https://lectionarypage.net/YearB\\_RCL/Epiphany/BEpi5\\_RCL.html](https://lectionarypage.net/YearB_RCL/Epiphany/BEpi5_RCL.html)

**On the Church calendar: Fri., Feb 2, The Presentation of our Lord** commemorates the day when Mary and Joseph brought the infant Jesus to the Temple in Jerusalem where he was greeted by Simeon and Anna. The Presentation is traditionally known as Candlemas, the day on which people brought the candles that they would be using in their homes throughout the year to be blessed.

**Coming up!**

**Sun., Feb. 4 – God's Garden for ages 5-9, 10:15am .**

**Sun., Feb 11 – Souper Bowl of Caring to benefit the Village Harvest**

**Sun., Feb 13 – Shrove Tuesday Pancake Supper, 5pm-6:30pm**

**Sun., Feb 14 – Lent begins with the Ash Wed. service 7pm**

**Mon., Feb. 26th, Bingo Night 6-7:30PM at Port Royal Fire Department.** St Peter's is serving as a Partner in Education with the Caroline County Public Schools. We will be providing snacks for the Caroline County. **Please bring granola bars, individually wrapped bags of trail mix, or small bottles of water, place them in the back pew.**

**“A Case for Love” Follow-up** The team that created the movie is beginning the “Month of Unselfish Love.” Be intentional about a daily act of love. **Three options to document your efforts:**1 **Download the 30 days journal** 2 **Download the single page you can date and use in MSWord or Google docs for a particular day** **Write about an act of love.** Describe the act of love. How did it impact the recipient? How did it impact you.? 3. **Send what you'd like to share to Catherine, [stpetersrev@gmail.com](mailto:stpetersrev@gmail.com)** We will post these online on our “Love Board” -[bit.ly/3SALTD0](https://bit.ly/3SALTD0)

**St. Peter's Episcopal Church**

**823 Water Street PO Box 399, Port Royal, VA 22535**

**Website: [www.news.churchsp.org](http://www.news.churchsp.org) Parish Office: (804) 742-5908**

**The Vestry**

**Larry Saylor (2025) .Elizabeth Heimbach, (2025), Linda Upshaw (2026),  
Andrea Pogue (2027), Johnny Davis (2027)**

**Jim Heimbach, Treasurer, Elizabeth Heimbach Registrar  
Senior Warden,  
Junior Warden,**

**Brad Volland – Music Director & Organist**

**The Rev. Catherine D. Hicks, Rector**

**The Rev. Tom Hughes, Rector Emeritus**

**(540) 809-7489, (540) 898-1586, [stpetersrev@gmail.com](mailto:stpetersrev@gmail.com)**

**Christ Centered, Biblically Based, Spirit Filled, Caring**

**Prayer List**

**Cleo Coleman, Linda Upshaw, Stanley and Cindy Fields, Marion Mahoney, The Wisdoms, The Pogues, Laura Carey, The Pannells, Helmut Linne von Berg, Brad Volland, Rob Dobson, Lydia O' Neil, John Hess, Charles McGuire, The Segars, The Faibisys, The Felicianos, Thom Guthrie, Vivian McDonald, Bill Wick, Jim Heimbach**

**Katherine Holland, Lola Delbridge, Lois Christie, Ralph and Diane Powell, Enid and Albert Barnett (Pogue relatives), Pinkie Mayfield (Laura Carey's friend), Kristina Childs, Cy and The Rev Deacon Linda Murphy (Saylor friends), Joe Parker, Dot Wright, Beryl Harrison, Larry Saylor's family, Jesse Clarke's family, Daryl Potter (Hughes friend), Joanne and Herbert Wilkerson, Jimmy and Nancy Davis, Julie Davis, Otis Felts (family and friends of Johnny Davis), Dale Brittle, Ruth Smith, Joyce Smith (Laura Carey's sisters-in-law), Lisa Herbert, John Ryan Kirwin (Jean Devitt's son), Max and Rita Jensen (Duke friends), Barbara Deal, Roberta Rutledge, (Pogue friend), Patterson family, Valerie Leitch, Liz Ruthven, Charlene Schnakenberg, Nathaniel Schnakenberg, (Fisher family), Wayne Cohen (Pogue family), , Mrs. Watson, Hyacinth and Morris Wallace, Orville Watson, Tiffany Feliciano and family, The Glasgows (Feliciano family and friends), Sylvia and Jonathan Coleman (Cleo's daughter and son), Ann Pyle (Carolyn Duke's mother), Rosie Dowdy, Bill Lauck, Anthony Bowman, Dylan Puryear (BJ's grandson), Gloria Jewell, The Hill family (Lydia O'Neil's family), G. Lee Baldwin, Linda Oliver, Pat , Joan Pemberton (Brad's family), Louise Chapman (Barbara Segar's cousin)**

**Passed into eternal life:** Harvey Yarus, friend of the Kramers

**Serving in the Armed Forces**

PJ Koons

Scott Estes

Cliff Lance

Steven Lee

Reg Merkl

Grace Grimaldi

Alexis Rye

Michael Hobbs

Alex Long V